

# BE A HIGH-FLYER... A HEALTHY SCHOOL LUNCH SUPPORTS YOUR LEARNING!

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish	Chicken Teriyaki with Egg noodles	Beef Bolognese Pasta Bake served with Garlic Bread	Sausage, Creamed Mashed Potatoes with Yorkshire Pudding & Gravy	Chicken Tikka Masala with Pilau Rice 	Crispy battered fish with chunky chips
Vegetarian Main Dish	Creamy Italian Pasta 	Sweet chilli Vegetables served with Egg Noodles	Vegetarian Sausage, Creamed Mashed Potatoes, Yorkshire Pudding & Gravy	Quorn & Vegetable Pasta Bake with Garlic Bread	Southern Style Quorn Burger
Accompaniments 	Corn on the Cob	Crisp mixed salad	Steamed carrots and Savoy Cabbage	Roasted Vegetables	Mushy Peas
Street Food	Love Joes Chicken Wraps with a Selection of Sauces	Tugo Pepperoni Pizza Tugo Margarita Pizza	Mexican Chilli Beef Burrito	Love Joes Chicken wrap with a Selection of Sauces	Jumbo Hot Dog in a Roll
Pasta King	Pasta with a Choice of Sauces	Pasta with a Choice of Sauces	Pasta with a Choice of Sauces	Pasta with a Choice of Sauces	Pasta with a Choice of Sauces
Dessert	Blueberry Muffin	Chocolate Crunch	Lemon Drizzle 	Carrot Cake	Goosey chocolate brownie 



## MENU

KEY		- 1 OF YOUR 5 A DAY		- CHEF'S CHOICE
		- MEAT-FREE MONDAY		- PLANT-BASED (VEGAN)