



WATT'S FOR LUNCH? FUEL YOUR DAY WITH A HEALTHY SCHOOL LUNCH

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish	Creamy Chicken Pasta served with Garlic Bread	 Sweet Chilli Chicken & Vegetable Rice	Roast Turkey, Yorkshire Puddings and gravy with crispy roast potatoes	Traditional Beef Lasagne with Custy Garlic and Herb Bread	Jumbo Fish Fingers served with Chunky Chips
Vegetarian Main Dish	 Quorn Mince & Vegetable Lasagne	 Vegetable & Cheese Pasta	Vegetarian Meatballs in Tomato & Herb Sauce	Sweet & Sour Vegetables with Rice 	Quorn Nuggets with Chunky chips
Accompaniments 	Mixed Salad	Spring greens Carrot batons	Cauliflower Cheese Steamed Carrot	Corn on the Cob	Garden peas
Street Food	Love Joes Chicken Wrap served with Salad & a Selection of Sauces	Chicken Fajita Calzone Cheese, Tomato & Vegetable Calzone	Beef Burger, with Salad in a Bun	Love Joes Chicken Wrap with Salad & a Selection of Sauces	Crispy Hot & Spicy Chicken Burger
Pasta King	Pasta with a Choice of Sauce	Pasta with a Choice of Sauce	Pasta with a Choice of Sauce	Pasta with a Choice of Sauce	Pasta with a Choice of Sauce
Dessert	Chocolate Muffin	Raspberry Cake 	Chocolate Marble Cake	Toffee & Banana Muffin	Chocolate Brownie

KEY



- 1 OF YOUR 5 A DAY



- MEAT-FREE MONDAY



- CHEF'S CHOICE



- PLANT-BASED (VEGAN)



MENU