

Westfield School Mental Health and Wellbeing Intervention Map – 2025-26

Universal Offer

Wave 1: Curriculum (Intent)

- PSE curriculum delivers MH & Wellbeing SOL to every year group (age-appropriate)
- Online safety curriculum delivered to all years
- PDT (form) termly focus on wellbeing (30 mins per day)
- Safeguarding team deliver MH assemblies to all years (contextual and based on local intelligence/need)
- Colleagues consider triggering curriculum content and adapt or react
- Safeguarding Team Wellbeing newsletter to all students and families each half term
- Careers curriculum supports positive transition
- Student voice – captured through survey – assembly focus and PSE adapted to meet emerging need

Wave 2: Classroom (Implementation)

- Subject-specific MH links (implicit & explicit)
- Clear routines and expectations for security and consistency
- Meet and greet every child, every day
- Every child is truly known
- Supportive seating plans
- Scaffolding for success
- Positive discipline – focus on rewards
- Use ‘positive on call’ to deescalate and support
- Encourage use of self-regulation strategies in planner
- Positive engagement with parents and carers
- Referral to Year Team if concerns re wellbeing
- Rewarding positive attendance and punctuality

Wave 3: Key Stage Leader, Pastoral Manager & Other (Implementation)

- Reflective Teams (supervision model) – structured discussion and agreed strategies – update LSP (whole school approach – all staff involved)
- Round robin and feedback
- Positive trackers
- Tutor, IBP and PSP reports
- Positive phone calls
- Home visits
- Curriculum/intervention review meetings
- Adapt curriculum/classes
- Modified Curriculum Plan

Targeted Intervention

Fortnightly Internal Referral Panels for all Year Groups – Identifies need and establishes action plan for intervention

Internal Early Help

Group

- Think for the Future (resilience mentoring)
- Pastoral manager-led 6-week wellbeing programme
- Social Explorers (for socially isolated students and those at risk of online influences)
- LBGTQ+ Group – meets weekly to explore identity and celebrate difference
- Sheffield Futures Year Group focused mental health groups
- SEND team-led Social Development groups
- ASDAN and life skills at KS3 and KS4
- Foundation Learning Pathway (FLP) – A bespoke learning base for students with an ECHP, many of whom have a primary need of SEMH
- Student Leadership Team
- School enrichment programme

Personalised

- Inclusion manager 1-1 intervention
- SEMH intervention 1-1 and small group (trauma informed) & -Unravel – targeted psychotherapeutic support
- Psychotherapist 1-1 sessions (trauma informed) – includes bereavement counselling
- ‘Think for the Future’ 1-1 mentoring (resilience)
- Vulnerable Learner Provision (VLP) – a bespoke provision which addresses EBSA students’ needs
- Westfield Engagement Hub – a termly intervention focusing on student with safeguarding and behaviour risk-factors. Within this provision the following wellbeing-related programmes are offered:
 - Practical/creative learning
 - EBSA
 - Identity
 - Resilience-building mentoring
- Internal AP – A bespoke learning environment for a small number of KS4 students supporting their wellbeing, personal development and maximising chances of academic success.
- Regular SEND Reviews using APDR cycle to ensure emerging MH needs addressed and student voice heard
- Targeted work by attendance team using EHC Mapping and EBSA Cards to address anxiety-based PA/SA

External Early Help

School Referral:

- Social Care – Family Intervention Service
- Social Care – Advisory sessions
- Social Care – Social Prescribing
- STAR Team (MH assessment and screening team at Sheffield Children’s Hospital)
- TAF Meeting cycle
- CIN/CP Meeting cycle
- Attendance and Inclusion Team – allocated keyworker
- MST (intensive family support)
- Community Youth Team (CYT) Mentoring
- Youth Offending Team
- Young Carers
- Education Health Team
- NSPCC
- LAC Team
- Family Support Workers
- Amber Project (exploitation)
- The Corner (substance misuse service)
- Alternative provision offering MH support sessions (KRS Education)
- Child and Adolescent Mental Health Services (CAMHS)
- Vulnerable Learner Review (VLR) Panel – half-termly panel of LA A&I manager and school to identify emerging need and signpost support
- SEDATT (Sheffield Eating Disorder Team)
- Becton School (Chapel House) – Intensive MH Hospital school
- Sheffield & Trust Educational Psychology Service
- Sheffield Children’s Safeguarding
- Secondary Inclusion Panel (SIP)
- Supporting Family with ADD/ASD assessment (via Ryegate Centre)

Student/family self-referral:

- GP
- Kooth
- Childline
- 111
- NSPCC

Next Steps

- 1- Healthy Minds ‘host school’ additional MH counsellor group support
- 2- Appoint & train Mental Health Ambassadors as part of the Student Leadership Team
- 3- Embed Sheffield Futures mental health programme